

# Stewardship is . . . . . . Good Use of Leisure.

According to a recent study “the average American spends his or her free time each week: Watching television: 15 hours; Socializing: 6.7; Talking on the phone, conversing with family members: 4.4; Reading: 2.8; Hobbies: 2.7; Adult education: 2.2; Recreation/sports/outdoors: 2.2; Other organization: 1.2; Cultural Events: .9; Religion: .9; Radio/recordings: .4” (From: Corpus Christi Caller-Times - Source: “Time for Life,” John Robinson and Geoffrey Godbey).

This study indicated that Americans have more free time than ever before. The question we might ask is, “why do we all feel so rushed?” This study indicates, what many have been saying for years, that we tend to “cram” so much into our free time that our lives just seem to rush by.

Life is short, a hundred years at the most, especially compared to eternity, millions of billions of years and on . . . Why do we try to “cram” so much into our lives so that they seem to go by even faster? Maybe we need to take some time to stop and smell the roses. Maybe we need to take the time to see where we are spending our time, which will give us an indication of our priorities, and then if we are not spending our time the way we would like we can make some changes.

Did you notice that .9 hours are spent a week on religion on an average. The devil does not tempt you to do away with religion, instead, he fills your life with so many things that there is no time left for religion.

Being good stewards means being good stewards of our time, work, leisure and other. Take some time to reflect on your stewardship. Pray that the Lord will help you in this area of your life as well as in all others. And then take some time off to give glory to God.